

APPROVED

Chairman of the All-Russian physical culture  
and sports public Organization «Kyokushin  
Federation of Russia»

\_\_\_\_\_ Bura A.

« \_\_\_\_ » \_\_\_\_\_ 2024 г.

**The Kazan Bars Open International Kyokushin competition among boys  
and girls 12-13 and 14-15 years old, male and female juniors 16-17 years old,  
men and women.**

**Казань, 2024г.**

**Dates:** November 29 - December 2, 2024

Representatives of national federations and all interested Kyokushin groups in a given country, aged 10 and over, are allowed to participate in the competition.

Participants of the competition:

- among boys and girls aged 10-11, there may be athletes who turned 10 years old on the day of the competition, but were under 12 years old, who have qualifications in the sport of Kyokushin at least 9 kyu.

- among boys and girls aged 12-13, there may be athletes who turned 12 years old on the day of the competition, but were under 14 years old, who have qualifications in the sport of Kyokushin at least 8 kyu.

- among boys and girls of 14-15 years old, there may be athletes who turned 14 on the day of the competition, but did not turn 16, who have qualifications in the sport of Kyokushin at least 7 kyu.

- among juniors and juniors aged 16-17, there may be athletes who turned 16 on the day of the competition, but did not turn 18, who have qualifications in the sport of Kyokushin at least 6 kyu.

- among men and women, there may be athletes who turned 18 on the day of the competition, who are qualified in the sport of Kyokushin at least 4 kyu.

**Events' schedule:**

Date	Time	Event
Friday, November 29	Check-in from 14:00 all day	arrival of judges, participants
Saturday, November 30	15:00 – 17:00	Mandate Commission (foreign participants)
	15:00 – 18:00	Mandate Commission (Russian participants)
	15:00 – 18:00	judicial seminar
	19:00 – 21:00	the draw
	21:00 – 22:00	General meeting
Sunday, December 1	10:00 – 14:00	preliminary matches
	14:00 – 14:30	Lunch break
	14:30 – 15:00	The grand opening
	15:00 – 19:00	continuation of the fights

	19:00 – 19:30	awarding
M o n d a y , December 2	Check-out from the hotel before 12:00	departure date

**Financial conditions:**

The entry fee of the competition is 3,000 rubles (30 euros).

**Registration for applications:**

Preliminary applications for participation in the Competition should be sent by November 15, 2024 to the E-mail: [anastasiya.khimichenko@gmail.com](mailto:anastasiya.khimichenko@gmail.com) , in the EXEL form (the application form is attached). Phone number for inquiries: 89265526120 – Anastasia Alexandrovna.

**The deadline for submitting preliminary applications is strictly up to: 11/15/2024**

The Organizing Committee – 8-917-651-91-46- Alexey Nyagin.

Visa support +7(927) 608-49-94 Abzalova Alfina.

**General rules:**

Competitions are held according to the rules of the International Karate Federation (IFK) with additions of the Kyokushin Federation of Russia.

Additions to the rules:

**PROHIBITED:**

- grabbing or intercepting, holding any part of the opponent's body or his athletic form;
- thrusts ("AXES") with any part of the arms, body, head;
- avoiding combat or prolonged absence of technical actions for more than 5 seconds;
- demonstration of victory (in any form), before and after the referee's announcement of the assessment or victory in the area of the sports ground where the duel takes place.

**In the age group of 10-11 years, prohibited technical actions are:**

- direct kicks to the head;
- knee strikes to the head;
- uncontrolled kicks to the head with rotation, including falling

**Prohibited actions are punished:**

- the first minor violation is punished with a verbal warning to "KEIKOKU";
- the first serious violation is punished with an official warning "TYU";
- the second serious violation is punished with the first penalty point of

"GANTEN-ICHI";

- the third serious violation is punished with a second penalty point "GENTEN-NI";
- the fourth serious violation is punished with a third penalty point "GENTEN-SAN" with the disqualification of the participant "SHIKKAKU".
- In case of particularly dangerous violations, without declaring "KEIKOKU", the judicial team has the right to make a decision "GENTEN-ICHI", "GENTEN-NI" or disqualify "GENTEN-SAN".
- Warnings and remarks announced to participants are reset after each extension of the regular time.

### **Fines for «DZOGAI»:**

- The first exit is "JOGAI-ICHI!" - "KEIKOKU!"
- The second way out is "JOGAI-NI!" - "TYUI!"
- If the athlete already has a remark "TYUI!", then he receives the next remark on the grid "GENTEN ICHI!" etc.
- Each subsequent exit of "JOGAI!" increases the penalty by one step from the already existing one to "GENTEN SAN!" "SHIKAKU!".

### **Referees:**

The official list of judges will be approved from among the accredited judges and published in the official competition group.

Candidates for judging who wish to attend the seminar on November 30, 2024 must submit an application by November 1, 2024 by e-mail: sensei578@mail.ru with an indication in the subject of the letter. (Appendix 3).

The judges' uniform is a dark blue jacket, gray trousers, a white short-sleeve shirt, black shoes, and a whistle.

The chief judge of the competition is Alexey Gorokhov, 6th dan, Russia.  
The Chief Secretary is Anastasia Khimichenko, 1st dan, Russia.

### **Awards**

#### ***Summing up conditions***

Kumite sports competitions are held according to the elimination system after one defeat. One 3rd place is awarded in each weight category (fights for the 3rd place are held).

#### ***Awarding of winners and prize-winners***

The winners and prize-winners of the competitions (1st-3rd place) are awarded with medals and diplomas, as well as cups of the corresponding degrees

### **Anti-doping control**

The winners from 1st to 3rd places may be subject to the testing procedure in accordance with the rules of the World Anti-Doping Agency (WADA).

### **Location of the event:**

The sports complex "Boxing and Table Tennis Center", located at the address: Kazan, Dzhaud Faizi str., 2-a.

### **The team:**

The composition of the participants and the numerical composition of the team:

Teams of international Kyokushin federations (athletes who are allowed without restrictions in each weight category) are allowed to participate in the International Kyokushin Competition "Kazan Bars". All-Russian federations included in the ACR, no more than 2 people in each weight category. The Kyokushin Federation of Russia (IFK), as the organizer of the competition, has the right to field 4 people in each weight category.

The composition of the participants and the numerical composition of the team:

- the official representative of the team, the coach of the team;
- participants of the competition.
- the official team doctor.

### **Weight categories:**

<b>№</b>	<b>Age category (discipline)</b>	<b>Weight category</b>
<b>1</b>	<b>boys (10-11 years old, kumite)</b>	<b>30, 35, 40, 45, 50, 55, 55+</b>
<b>2</b>	<b>girls (10-11 years old, kumite)</b>	<b>30, 35, 40, 45, 50, 55, 55+</b>
<b>3</b>	<b>boys (12-13 years old, kumite)</b>	<b>35, 40, 45, 50, 55, 55+</b>
<b>4</b>	<b>girls (12-13 years old, kumite)</b>	<b>40, 45, 50, 55, 55+</b>
<b>5</b>	<b>boys (14-15 years old, kumite)</b>	<b>40, 45, 50, 55, 55, 60, 65, 65+</b>
<b>6</b>	<b>girls (14-15 years old, kumite)</b>	<b>45, 50, 55, 60, 60+</b>
<b>7</b>	<b>Juniors (16-17 years old, kumite)</b>	<b>55, 60, 65, 70, 75, 75+</b>
<b>8</b>	<b>Juniors (16-17 years old, kumite)</b>	<b>50, 55, 60, 60+</b>
<b>9</b>	<b>men (18 years and older, kumite)</b>	<b>60, 65, 70, 75, 80, 85, 90, 95, 95+</b>
<b>10</b>	<b>women (18 years and older, kumite)</b>	<b>50, 55, 60, 65, 70, 70+</b>

**The age of the participant is determined on the day of passing the mandate commission, that is, on November 30, 2024.**

**Requirements for the participants of the competition:**

At the mandate commission, the team leader provides the original application, and each participant must have the following documents:

passport;

- Russian (Russian or English) sports doctor's admission to participate in competitions, issued no earlier than November 6, 2024;

- HIV antibodies test certificate (in English or Russian), made no earlier than November 6, 2024 (for foreign citizens).

- HBV antibodies test certificate (in English or Russian), made no earlier than November 6, 2024; (for foreign citizens).

- HCV antibodies test certificate (in English or Russian), made no earlier than November 6, 2024; (for foreign citizens).

- Budo -passport of the organization confirming the style qualification.

accident insurance contract valid at the time of the competition (original, in English or Russian);

- application from parents (age categories 12-13, 14-15, 16-17 years, the form is given in Appendix 1)

- application from the athlete (age category + 18 years, the receipt form is given in Appendix 2);

**Protective equipment**

Each participant admitted to the competition must have:

- a white gi and a belt corresponding to the participant's qualifications;

- mouth guard (oral cavity protector), white color – optional. If braces are installed on the teeth, then a mouth guard is required.

Age, sex	10-11 years	12-13 years	14-15 years	16-17 years	18 years and older
Male	Vest shell on the groin, shin protectors and foot lifts, gloves, helmet.	groin shell, shin protectors and foot lifts, gloves, helmet.	groin shell, shin protectors and foot lifts, gloves, helmet.	a sink on the groin, shin protectors and foot lifts, a helmet.	sink on the groin
Female	Vest, groin shell (optional), chest protector, shin protectors and foot lifts, gloves, helmet.	groin shell (optional), chest protector, shin protectors and foot lifts, gloves, helmet.	раковина на пах (по желанию), нагрудный протектор, протекторы на голени и подъёмы стоп, перчатки, шлем.	groin shell (optional), chest protector, shin protectors and foot lift, one layer of adhesive tape around the joints of the fingers,	a sink on the groin (optional), a chest protector, one layer of adhesive tape around the joints of the fingers

Attention! All means of protection must be strictly individual for each participant! (Appendix 4).

### **The rules of the fights:**

Boys 10-11 years old: 1.5' + 1' + weighing + 1' (weight difference 2.5 kg or more, St. 55 kg - 5 kg or more)

Girls 10-11 years old: 1.5' + 1' + weighing + 1' (the difference in weight is 2.5 kg or more, St. 55 kg - 5 kg or more)

Boys 12-13 years old: 2' + 1' + weighing + 1' (difference in weight 2.5 kg and more, St. 55 kg - 5 kg and more)

Girls 12-13 years old: 2' + 1' + weighing + 1' (difference in weight 2.5 kg and more, St. 55 kg - 5 kg and more).

Boys 14-15 years old: 2' + 1' + weighing + 1' (weight difference 2.5 kg or more, St. 65 kg – 5 kg or more)

Girls 14-15 years old: 2' + 1' + weighing + 1' (weight difference 2.5 kg or more, St. 60 kg – 5 kg or more)

Juniors 16-17 years old: 2' + 2' + weighing + 2' (weight difference 2.5 kg or more, St. 75 kg - 5 kg or more)

Juniors 16-17 years old: 2' + 2' + weighing + 2' (weight difference of 2.5 kg and more, St. 60 kg - 5 kg and more)

Men over 18 years old: 2' + 2' + weighing + 2' (weight difference of 5 kg and more, St. 90 kg - 8 kg or more)

Women over 18 years of age: 2' + 2' + weighing + 2' (weight difference up to 60 kg and over 60 kg - 5 kg or more)

### **Accommodation:**

1) Regina Hotel on Peterburgskaya str., address - Kazan, Peterburgskaya street, 11. (recommended for foreign and Russian athletes)

**Contact number: +7(843)292-76-10**

Single room with breakfast - 4300 (43 euros).

Double room with breakfast - 5800 (58 euros).

Triple room with breakfast – 7300 (73 euros).

Applications for booking rooms for foreign citizens at the Regina Hotel on Peterburgskaya are accepted by e-mail: [www.reginahotels.ru](http://www.reginahotels.ru)

In the subject of the letter, specify - KYOKUSHIN.

2) Regina Hotel in Petrovsky village, address- Kazan, Privolzhsky district, Petrovsky residential area, Central Street. (recommended for athletes of the Russian Federation).

3) GRK "AMAKS Safar-hotel", address - Kazan, One-sided Grivki str., 1 (recommended for foreign participants, judges, officials).

**Contact number: +7(843)527-95-35**

Single Standard room with breakfast - 3500 (35 euros)

Standard Quadruple Room with Breakfast – 9600 (96 euros)

Business Twin Double room with Breakfast – 5600 (56 euros)

Applications for booking rooms for foreign citizens at the AMAKS Safar Hotel are accepted by e-mail: [corp\\_sale-kazan@amaks-hotels.ru](mailto:corp_sale-kazan@amaks-hotels.ru)

In the subject of the letter, specify - **KYOKUSHIN**.

**Attention!** When booking a hotel, you must say the code word "Kyokushin" to get more favorable conditions.



**Appendix No. 1 – receipt from parents  
(age categories 10-11, 12-13, 14-15, 16-17 years old)**

**To the Chief Judge A.Y. Gorokhov**

I, \_\_\_\_\_

(Father)

I, \_\_\_\_\_

(Mother)

**Application**

We ask you to admit our son/daughter \_\_\_\_\_

date of birth \_\_\_\_\_ to participate in the international Kyokushin competition "Kazan Bars" (group of disciplines – "Kyokushin - weight category") among boys and girls 10-11 years old, boys and girls 12-13 years old, boys and girls 14-15 years old, juniors and juniors 16-17 years old, men and women, which will be held on November 29-December 02, 2024, in the sports complex "Boxing and Table Tennis Center", located at the address: Kazan, Faizi str., 2-a.

In the event that our child receives injuries and related consequences, as well as other adverse consequences during participation in competitions, including due to the use of equipment permitted or not permitted by the rules of the competition, and / or when staying in the room where these competitions are held or preparing for these competitions, claims against the chief judge, We will not have access to the organizers of the tournament, the coaching staff and the owners of the premises where the competitions are held.

We are familiar with the rules of kyokushin competitions, we are fully aware that kyokushin is a contact martial art, and we understand the possibility of our child getting injuries and other adverse consequences

*Name, Surname (father)*

*signatures*

*Name, Surname (mother)*

*date*

**Appendix 2 – receipt from the athlete  
(age category + 18 years old)**

**To the Chief Judge A.Y. Gorokhov**

I, \_\_\_\_\_

(Name, surname)

Passport № \_\_\_\_\_

Date and place of issue: \_\_\_\_\_

**Application**

I ask you to admit me, (name, surname)

\_\_\_\_\_

Date of birth \_\_\_\_\_ to participate in the international Kyokushin competition "Kazan Bars" (group of disciplines – "Kyokushin - weight category") among boys and girls 10-11 years old, boys and girls 12-13 years old, boys and girls 14-15 years old, juniors and juniors 16-17 years old, men and women, which will be held on November 29 – December 2, 2024 in the sports complex "Boxing and Table Tennis Center", located at the address: Kazan, Faizi str., 2-a

In the event that I receive injuries and related consequences, as well as other adverse consequences during participation in the competition, including as a result of the use of equipment permitted or not permitted by the rules of the competition, and / or when I am in the room where these competitions are held or preparing for these competitions, claims against the chief judge, I will not have access to the organizers of the tournament, the coaching staff and the owners of the premises where the competitions are held.

I am familiar with the rules of the kyokushin competition, I am fully aware that kyokushin is a contact martial art, and I understand the possibility of injury and other adverse consequences.

\_\_\_\_\_  
(full name)

(signature)

\_\_\_\_\_  
(date)

*Appendix 3 (application for participation of judges)*

**Application for participation of judges**

<b>№</b>	<b>Full name</b>	<b>Country</b>	<b>Style qualification</b>	<b>Contact phone number:</b>
1				
2				
3				
4				
5				

*Appendix 4 (protective equipment)*

**Approved protective equipment for competitions**



Shin **protectors** and foot lifts of the stocking type using a 1 cm thick seal, white in color, without applying any logos.



**The gloves** are five-fingered, white in color. The outer side of the gloves is white leather or leatherette, the inner side of the gloves is made of white mesh material, the gloves are fixed on the wrist by a white elastic band, without Velcro, using a 1 cm impact seal, without applying any logos.



**The chest protector** is white, should not cover the upper part of the chest and any part of the abdomen, including the solar plexus, only the cups on the chest are solid;

**The helmet** is white. Made of leather or leatherette with a 1 cm thick seal, it should protect the chin, frontal, temporal and occipital parts, it must match the size of the head and be securely fixed on the head, it should be without applying any logos.



**The vest** is white, made of leather or leatherette, with a 1.5 cm thick seal, must protect the chest, abdomen, ribs, the fastening of the vest is adjustable in height and volume due to ties or Velcro, must be without applying any logos